



Arundel House of Hope

Helping the Homeless Since 1992

Arundel House of Hope Newsletter

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This is our third Newsletter please share it with your friends, family and coworkers. Please sign-up anyone you feel would be interested in receiving this newsletter. Thanks for your support.

We have been very busy this past couple of months, but it has been very exciting. The Board have meet each month and are working together to improve the organization. Each Board member has been assigned members to contact and follow-up on member pledges. The Board is also establishing a strategic planning committee to develop our next strategic plan, if you are interested in participating please contact me at 410-863-4888. I have listed a couple of program updates below.

The Resource and Day Program The Day Program is up and running at a full schedule from 9-5 Monday through Friday but Phil still needs volunteers. We received a \$50,000 grant from the County through ACDS for Support Services for the Day Center. We also received \$5,000 from the Presbyterian of Baltimore and \$5,000 from St. Margaret's Church in Annapolis. We have also received \$1,500 FACES Grant from the Carl M. Freeman Foundation for additional support services. We did not receive the grant we applied for from the Weinberg Foundation, but may apply in the future. I would like to thank everyone for there support and commitment to helping get the Day Center up and running. We average serving about 18 people per day.

New "Safe Haven" Program We have located and will settle on the new "Safe Haven" supportive housing program site for the disabled on July 28th. The site is located in Brooklyn and will serve up to four homeless and disable men. We put the project out to bid and have selected a contractor to begin renovations shortly thereafter. We hope to have the construction completed by November so that we can move people in December of this year. We will begin hiring staff for the program in November. I will keep you all updated on the progress.

Staffing, Organizational and other topics.... We have brought our payroll and

Human Resources back in-house allowing us to save some administrative costs, as well as more reporting control. We hope to hire a part-time bookkeeper soon, so if you know if anyone, please let me know. We have been accepted into the Maryland Seafood Festival for 2006 (see story below), this is a very exciting opportunity- please volunteer to help.

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We applied for and have been selected to participate in this years Maryland Seafood Festival. This event can become a great fundraiser for our organization. This years festival will be held at Sandy Point Park in Annapolis on September 8th, 9th and 10th. We are very excited to participate in these event, and we need your help. We will need more than 50 volunteers for this event. Phil Bailey has created an exciting menu and we need all the help we can get. We need help in food preparation, food service, setting-up and cleaning-up.

All volunteers will get admission tickets to the festival and a guaranteed good time If you can announce this event at your church and with your friends that would be very helpful. If you would like to volunteer or need more information please contact Phil Bailey 410-863-4888 ext 13. Lets all make this opportunity a great success.

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Arundel House of Hope Community Supportive Housing Program I am excited and challenged by this opportunity to help the residents of the Community Supportive Housing Program take the next steps towards independent and successful living. SUPPORTIVE is the operative word. Please help me help them by your prayers for us.

Despite my experience with Winter Relief guests, I really did not know much about the Community Supportive Housing Program, until I recently began working with the residents as their case manager. So please allow me to share what I have learned so far.

The Community Supportive Housing Program provides housing for a maximum of nine residents. We currently have three houses in Marley and each house has three bedrooms and 2 bathrooms. All of the current six residents are graduates of the Fouse Center program, are employed full time, and are required to pay a subsidized rent for the room they occupy. Each house is responsible for chores and yard work and good neighborhood relations.

My interaction with the residents takes place as I develop and monitor a case plan for each of them. Since many of the residents have been in the housing program for awhile, my job right now is to make certain that they are on track with employment, legal and financial responsibilities, are working a recovery program ,and to be the person they can confide in if and when "bumps in the road" occur.

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Arundel House of Hope offers transitional housing for homeless men through The Fouse Center program, and Community

Housing afterwards for those interested and who qualify. Everyone is not interested in this option, but we have found some individuals that after doing very well in The Fouse Center program have moved onto the Community Housing and done even better. For example, Charles did very well at The Fouse Center. He stayed for 10 months, the amount of time suggested to him and he wanted a stepping stone, before complete independence, when it was time to move on. He realized that a life time of substance abuse was not cured in a few months, that the stability of a job was important but the security of savings in the bank also played a role, and that some additional support would go a long way before stepping out completely on his own. The Fouse Center afforded him the opportunity of becoming stable again, finding gainful employment, saving some money, and learning how to live again being fully responsible for himself.

Even though many individuals come in The Fouse Center thinking that as long as they have a place to stay and a job they will be fine; they realize, not long after being in the program, that there are many more things that are necessary in order to have a chance to make it on their own. They need to learn self discipline, and change their soul to reflect a different way to live. Different from the way they have been living up to entering The Fouse Center; as Charlie normally says to the other residents: "It starts with even the little things . . . like making your bed every morning before leaving the house. I had to do that at The Fouse Center, it was part of the requirements. Now that I am more on my own at the Community Housing, since February, 2005, I don't have to do it, but I do. I do because I am afraid that if I let the little things go it will eventually transfer to bigger things, and before you know it I would be living the way I was before Fouse Center and my thinking would also change accordingly. Recovering means changing at all levels: thinking, behaving, living, etc.

Charlie really turned his life around. We provided him the environment and support and he did the hard work. While at The Fouse Center he received services from life skills, case management, transportation, mental health, substance abuse, glasses, medical, etc. He came from homelessness and substance abuse living in the woods to a 28-day inpatient treatment program. When we first saw Charlie and recommended he complete a 28-day inpatient treatment program then to contact us, we were not sure if we would see him again. He was so broken and looked terrified. Seeing him a month later with the treatment center's certificate of completion was very gratifying. Seeing he really gave it a shot instead of taking the easy way out, and now he was coming back to us to continue his journey. Of course we said come on in. His motivation spoke for itself and he does not cease to amaze us. We are very proud of him and grateful to have gotten a chance to meet him.

[Find Out More...](#)

Thanks for reading our newsletter, our next edition should be out in September look for it in your e-mail. Thanks for your support!

Sincerely,

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